

Yelling and Screaming - Correct Consequences

Parent "You cannot drink soda tonight..."

Child "I want soda." (child immediately yells and screams)

Parent "If you want soda, ask me nicely, 'When can I drink soda?'"

Child "When can I drink soda?"

Parent "If you don't yell, you can drink soda tomorrow. If you yell, then you have to wait until Friday (2 days later). Do you want soda tomorrow or Friday?"

Child "Tomorrow"

"Good choice and good saying that nicely."

Parent (At this point the child is still thirsty. You can offer him something else to drink. Don't offer soda or something better than soda like an ice cream milkshake because he did yell. Giving him something better will reinforce the yelling. Prompt him to ask you nicely for the drink.)

Child "Can I have juice please?"

Antecedent (The instruction)	Behavior	Consequence	Behavior will increase or decrease in the future
Parent tells child she cannot have soda	Child yells and screams	Parent teaches the child	With more responses like this from the parent, the child will yell less. She will learn it is more effective to ask for things nicely than to yell.

One of the best ways to decrease yelling is to correct the child immediately and teach her to say what she wants nicely instead. Not responding to them until they ask nicely is a very effective method.

When a child has difficulty hearing "no" for an answer, prompt her to ask you, "When can I have (desired item)?" Knowing that they cannot have it now, but at a later time will make it easier for them to accept because they will know when they can expect to have it.